

**Fig Tree School lunch menu for term 1A, Academic Year 2021-2022**

**Healthy Eating**

	Week 1 From 30/08/21	Week 2 From 06/09/21	Week 3 From 13/09/21	Week 4 From 20/09/21	Week 5 From 27/09/21	Week 6 From 04/10/21	Week 7 From 11/10/21
<b>Monday</b>	<b>Bank holiday</b>	Chicken Rice with Raita	Vegetable rice and raita	Chicken Rice with Raita	Chicken mince pasta garlic bread	Steamed rice and Daal	Cheese & tomato puff with mash and gravy
<b>Dessert</b>	<b>School Closed</b>	Angel delight	Ice cream	Ice cream	Cupcakes	Ice cream	Ice cream
<b>Tuesday</b>	<b>Inset Day</b>	Pizza and Chips	Pizza and Chips	Pizza and Chips	Pizza and Chips	Pizza and Chips	Pizza and chips
<b>Dessert</b>	<b>School Closed</b>	Yoghurt	Ice cream	Pineapple & cream	Angel delight	Fruit	Cupcakes
<b>Wednesday</b>	Chicken Biryani and Yoghurt	Freshly homemade chicken kebab cobs and wedges	Chicken biryani and yoghurt	Tomato & Basil pasta with garlic bread	Chicken biryani and yogurt	Freshly homemade chicken kebab cobs and wedges	Chicken biryani and yogurt
<b>Dessert</b>	Ice cream	Cupcakes	Angel delight	Trifle	Jelly	Swiss roll	fruit
<b>Thursday</b>	Tomato & Basil pasta with garlic bread	Jacket potato cheese/beans/sweetcorn	Tomato & Basil pasta with garlic bread	Jacket potatoes cheese/beans/sweetcorn	Cheese & tomato puff with mash and gravy	Jacket potato cheese/beans/sweetcorn	Chicken pasta & garlic bread
<b>Dessert</b>	Custard and cake	Ice cream	Jelly	Chocolate milkshake & cookies	Cupcakes	Swiss roll	Chocolate milkshake & cookies
<b>Friday</b>	Fish fingers, chips beans/mushy peas	Fish fingers, mash, beans/veg	Fish fingers, chips and beans	Fish fingers, waffles, veg	Fish finger, chips and beans/mushy peas	Fish fingers, Yorkshire pudding gravy/beans,	Fish fingers, chips, beans/mushy peas
<b>Dessert</b>	Cupcakes	Chocolate milkshake & cookies	Chocolate doughnuts	Homemade flapjacks	Pineapple and cream flan	Seewian	Swiss roll

-water is served with food

- Salad is served with food everyday

